To understand Original Nakedness, John Paul II points out our human timeline:

**Original Man**
Before Original Sin
Body and Soul in harmony

**Historical Man**
Where we are now...
Concupiscence

**Eschatological Man**
Body and Soul Reunited
Our ultimate destiny

John Paul II brings us back “To the beginning” before the fall of Original Sin. He calls this time our “Theological Pre-History.” (TOB 4:2)

He points out 3 original experiences of man. These original experiences help us understand our identity and God’s plan for humanity.

1. **Original Solitude**
   - The body reveals we are created for relationship.

2. **Original Unity**
   - We find fulfillment in giving ourselves to another.

3. **Original Nakedness**
   - No barriers to communication. Inner and outer freedom.

Original Nakedness.
“The man and his wife were both naked, yet they felt no shame.”
Gen. 2:25

Key Points about Original Nakedness:
- Nakedness here refers to something deeper than simply being “without clothing”
- No barriers in communication between humans (TOB 12:4)
- Man was fully aware of the meaning of the body (TOB 12:3)
- Man could see the world and others as God sees (TOB 13)
- Man and woman saw & knew one another with all of the peace of the interior gaze (TOB 13:1)
- Man & woman possessed the ability to relate to one another without fear of being used or exploited

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