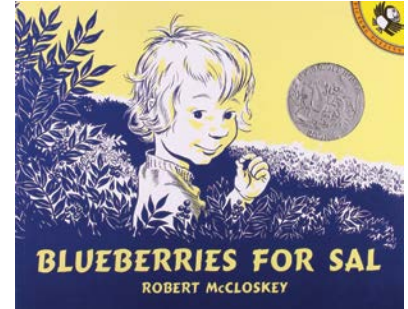


TRY THIS AT HOME!

A THEOLOGY OF THE BODY LESSON FOR THE HOME



1. Read *Blueberries for Sal* by Robert McCloskey.
2. Ask your child a few questions about the story. Here are a few suggestions:
 - How is Sal like Little Bear? How are they different? How are their bodies different?
 - How do the mothers recognize they have the wrong baby?
 - How do Sal and Little Bear prepare differently for the winter?
 - Why is it hard for Sal to put blueberries in her pail?
3. At the end of the story, choose one of the following activities:



Discuss your work with your child. Explain what you do and how it is a way for you to offer your life back to God. If possible, invite your child to be a part of your workday.

Go berry picking at a farm or orchard near you.

Go on a nature walk and discuss the names of the creatures you see. Highlight our uniqueness as human beings.

Thank someone in the community whose work is important to you. Make a handmade gift or treat and write a thank you note. Consider firefighters, police officers, postal workers, government officials, volunteers, etc.

4. Pray the Lord's Prayer with your child.

HOW DOES THIS STORY TEACH THEOLOGY OF THE BODY?



Theology of the Body speaks of Adam's experience in the garden before the Fall. God creates this beautiful universe with Adam in mind. After several days of creating, God makes man and sees that he is very good. God places Adam in this world and invites him to name the animals. In this experience of naming the animals Adam learns that there is nothing in all of creation quite like him. Adam is capable of a special relationship with God; he is made in God's image and likeness. As with any human experience, Adam's realization of his own uniqueness in front of the rest of the world is not a secret he must keep to himself, but one that grows when he shares it—therefore, it is a gift for all of humanity. We all share in this realization that we are both deeply connected to and also profoundly different from the rest of the world, which is to say, we all share in Adam's original experiences!